






Before You Leave the Babysitter at Home Alone with Your Kids...

-  **PHONE** - Make sure the babysitter's cell phone is charged
-  **NUMBERS** - All emergency numbers are within reach
-  **AWARE** - Babysitter knows where the fire extinguisher, first aid kits and flashlights are in your home
-  **TRAINED** - Babysitter is CPR or first aid certified in the event of an emergency in your home
-  **PREPARED** - Babysitter could administer medication if necessary to care for your child

Wishing you joy and good health,
Mary Bohlen RN
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